

LAKE SIDE Summer Season

OPENING DAY
SATURDAY - MEMORIAL WEEKEND



April 2011 Newsletter

You Still Have Time:

Lakeside Pool is currently looking for qualified lifeguards, senior guards and head guards for the 2011 Summer Season.

Lifeguards must be at least 15 years old at the time of employment and must be either trained or able to become trained in Red Cross CPR, First Aid and Lifeguarding. Lifeguards will need to enforce pool rules and regulations, prevent accidents, perform water rescues and first aid, may instruct swimming lessons and other aquatic programs. Lifeguards should have knowledge of current preventive lifeguard techniques. Ability to swim with proficiency and endurance, perform swimming rescues, CPR and First Aid. Follow oral and written instructions.

Senior Guards must meet all lifeguard qualifications, be at least 18 years old and have at least one year experience as a Lifeguard at an aquatic facility. Experience

with swim lessons and/or water aerobics is desirable. Additional certifications of Water Safety Instruction, Water Aerobics, and Title 22 are also desired but not required. Senior guard will work under the supervision of the Pool Manager, assist in the oversight of the pool by working with Pool Management in supervising employees, maintaining the pool, grounds, equipment and aquatic programs. Enforce rules and regulations, prevent accidents, perform swimming rescues and first aid, instruct and supervise aquatic activities such as swimming lessons and other aquatics programs. May be responsible for opening or closing the pool facility, act as swim lesson instructor and/or water aerobics instructor. Senior Guard will perform job as a lifeguard when scheduled with the Pool Manager or Head Guard. May

act as Manager in the absence of the Pool Manager or Head Guard. Must have knowledge of current preventive lifeguard techniques. Ability to swim with proficiency and endurance, perform swimming rescues, CPR and First Aid. Follow oral and written instructions.

Head guard must meet all Senior Guard qualifications, be at least 19 years old and have at least 2 years experience at an aquatic facility. Head Guard will also need to be WSI certified. Title 22 and Water Aerobics certificates and experience are also desired. Any experience with watercrafts is also preferred. Head Guard will, under the supervision of the Pool Manager, assist in the oversight of the pool by working with the Pool Manager in supervising employees, maintaining the pool, grounds, equipment and aquatic programs. Head guard may be responsible for opening or closing the pool facility, overseeing a particular aquatic program such as swim lessons, water aerobics or the paddle boats. Head Guard will perform job as a lifeguard when scheduled with the Pool Manager. Head Guard will act as Manager in the absence of the Pool Manager. Perform daily maintenance activities as assigned. Must have knowledge of current preventive lifeguard techniques. Ability to swim with proficiency and endurance, perform water rescues, CPR and First Aid. Supervise the pool, water, decks and surrounding areas of an aquatic facility. Follow oral and written instructions.

If interested please email Melissa Bell at mbell@kocal.com for an application. Interviews will be held on April 27th at 5:30 pm.

Applications must be submitted in order to be interviewed.

GATE CODE CHANGES: Due to continued issues with poachers we have changed the gate codes for the Sports Court//Lake Access. You must call management



Board of Directors

Beth Van Dyke.....President
Chris Harris.....Vice-President
Cliff Loveland.....Treasurer
Irene Capps.....Director
Reggie Toran.....Secretary



Visit the Association Website:

www.LakesideHOA.com



Kocal Management Group Inc.

P.O. Box 1459

Folsom, CA 95763-1459

Phone: 985-3633

Fax: 985-3744

Association Manager

Melissa Bell.....Extension 125

E-mail - mbell@kocal.com

Administrative Assistant

Mikki Cooper.....Extension 129

E-mail - mcooper@kocal.com

Accounting.....Extension 113



for the code. PLEASE CALL THE POLICE AND REPORT POACHERS!!

FUN IN THE SUN!

Start the season off with a day of fun and swimming at the Lakeside Pool on opening day. All Lakeside



Families are invited to attend our **Annual Summer Season Opening day, Saturday, May 28, 2011, at the Lakeside Clubhouse on Maritime Drive from 11:00 am - 3:00 pm.** On opening day, you will enjoy

hotdogs, chips, and water provided by the Lakeside Social Committee (*while supplies last*), Take pleasure in the entertainment from "Behind the Scenes Sounds", a local DJ. We encourage you and your family to come out and meet the Pool Manager and lifeguards, sign up for swim lessons and inquire on any upcoming programs.

Please remember to bring your Lakeside Pool Membership Card. If you do not have your card, please contact Kocal Management for a replacement card. You may contact Mikki Cooper//916-985-3633X129.

REMEMBER THE POOL RULES

The pool will be open from **11:00AM to 9:00PM.** During the summer season, the pool will be staffed with Certified Lifeguards from **11:00AM to 9:00PM.** The following are the rules for the pool area:



*Children 9 years and younger must be accompanied by an adult (18 and over), and children 10-12 must be accompanied by a child 13 or older for admittance into the pool.

*Children 4 or younger must be at arm's reach of an adult at all times.

*Property owners will be required to enter through the pool area and present their Community Identification Cards to use the pool, patio, sport court and dock areas.

*To ensure that only Lakeside residents are using Club Lakeside, any property owner that does not have their Community Identification Card will not be allowed to use any area of the facility. "NO EXCEPTIONS." If you currently do not have your Identification Card, please call Kocal Management Group at (916) 985-3633 Ext 129.

*Young members will be asked to clear the pool every 45 minutes for a rest period. During that time, adults only or adults with children under the age of three will be allowed to swim.

*All swimmers must wear swimming attire.

*No Diving is permitted in the pool and no climbing on any structure. No jumping/playing in lap lane, no running around pool area.

*Infants and toddlers are required to use rubber pants or diapers designed for swimming pool use.

*No pets are allowed in the pool, patio, dock or sport court areas.

*No personal BBQ's are allowed in and around the pool.

*The Club Lakeside staff, Homeowners Association and Management Company will not be responsible for any lost, stolen or damaged articles.

*Any personal items left at the facility must be picked up immediately. All items will be donated or thrown out each Sunday.

*The Pool Manager or Lifeguards have the authority to dispense any disciplinary action necessary to keep the pool, patio, dock and sport court areas safe.

*The Pool Manager or Lifeguards will NOT be subjected to any physical or verbal abuse.

*Anyone caught trespassing on the pool, patio, or sport court areas when the facilities are closed, may be removed by the Elk Grove Police Department.

*No glass of any kind or alcohol will be allowed in the pool area.

*Anyone caught violating these rules may lose their Association privileges upon determination of the Board of Directors.

LIFEGUARDS ASSIST WITH ENFORCING THE RULES, PERFORM WATER RESCUES, AND FIRST AID IF NECESSARY. THEY ARE NOT THERE TO BABYSIT. ALL PARENTS MUST BE RESPONSIBLE FOR THE SAFETY OF THEIR OWN CHILDREN.

Water Aerobics at the Pool

Water Aerobics has always been a big hit! Therefore, we are planning to offer this program again. If you think you would enjoy taking a class please inquire with the staff during opening day or contact Kocal Management. Scheduled times are as follows:



Monday and Wednesday: 12:00 p.m. – 1:00 p.m.

Tuesday and Thursday: 7:30 p.m. – 8:30 p.m.

LAP SWIMMING AT THE POOL



This year we will be dedicating the pool to swimmers 16 years of age and older to use the pool for lap swimming only. Days and times are as follows:

Monday – 8:00 – 9:00 p.m.

The pool will be closed to children during this time.

SWIM LESSONS!

Private Lessons = \$70.00



Don't forget to sign up for swim lessons!! You can inquire about the program during Summer Season Opening Day. Please ask to speak with Amy. If you miss opening day please contact Kocal Management and we can get the information

for you. *Pre-payment is required for sign ups.....Thank you.*

PARENT AND ME Lessons from 6 Months To 3 Years

\$30.00 per child

Parent and Me Lessons work on getting children more comfortable in the water and swim ready. Parent and Me Lessons also show parents what to do to help their children learn to swim. Children who have participated in these classes learn to swim quicker and are more water conscious.



Parent and Me Lessons are taught in small groups of 4-5 children and their parents. Lessons are on a first come first serve basis. To register please see the lifeguard staff.

Sessions begin on:
JUNE 21st
12:30 – 1:00 P.M.

CLUBHOUSE/SOCIAL ACTIVITIES

LAKESIDE SCRAPBOOK GETAWAY!

Saturday, May 21, 2011
2:00 pm to Midnight

Come join your Lakeside Community neighbors for an afternoon/evening of scrapbooking at the Lakeside Clubhouse. Be sure to bring your photos and supplies for a fun-filled day. Friends and/or relatives from outside the Lakeside Community are welcome to come with you. Beth, a Creative Memories consultant, will be at the event with some supplies for use and some for sale. If you are interested and would like to check it out first, feel free to stop by and see what all the fuss is about. To reserve one of the limited spaces, please contact:



Beth at email: bvd6868@yahoo.com

Cost: \$10.00 per person

Prizes, dinner, snacks, drinks and a free gift included.

ALL REQUESTS TO ATTEND MUST BE RECEIVED BY:
MONDAY, May 16, 2011

Upcoming crops:

May 21st // July 30th // September 24th //
November 19th

All crops will be 2pm to midnight and a \$10 fee

Check the website in the upcoming months for exact dates

Sponsored by the Lakeside HOA

FITNESS KARATE at the Lakeside Clubhouse

Powered by Zoë Martial Arts @



*Come out and join these fitness classes
that will help keep you in shape!*

LITTLE TIGERS AGES 7 - 12
Monday and Thursday: 5:00 p.m. – 5:45 p.m.

YOUTH CLASS (Grades 3rd-8th)
Monday and Thursday: 5:45 p.m. – 6:30 p.m.

ADULTS AGES 13 AND UP
Monday and Thursday: 6:30 p.m. – 7:30 p.m.



“Sensei” Curtis Yee M.S.P.T. has worked with the Lakeside HOA to offer these high quality classes at 40-50%* off comparable fees of retail schools.

Please call (916) 753-9039 or by e-mail at:

zoefitnesskarate@yahoo.com or just come out and join in a class Free of Charge.

Sensei Yee –“Celebrate Life, Protect life”

Clipart used by permission from: <http://www.Blackpoolkarate.com>

2011 General Board Meeting Schedule



Our general board meetings are held at 6:30 pm on the 4th Tuesday every other month (*with the exception of November because of the holiday*) at the Lakeside Recreation Center Facility (3035 Maritime Drive). See scheduled dates below:

◆ **May 24** ◆ **July 26** ◆ **September 27** ◆ **November 15**

We encourage all homeowners to attend these meetings. **Open Forum** is designed to allow members to speak to the Board. This period is devoted to comments by owners and discussion of those comments. Except in emergencies, ***no action may be taken upon a matter raised under this item of the agenda until the matter itself has been specifically included on an agenda as an action item.*** The meeting agenda is posted at the Clubhouse four (4) days prior to the meeting and on the website.

Board meetings are to be held in public, but they are not public meetings. Although the Board values your opinions, members of the audience are present as observers while the Board conducts its business.

The Board respectfully requests that you follow common courtesies so the agenda can be followed and business conducted in a timely manner. Keep in mind that your Board of Directors are homeowners the same as you. They

volunteer their time without any form of reimbursement for the betterment of “your” community.

KEEP YOUR DOGS SAFE ON THE LAKE

If you are a pet owner, you really should take the extra time to ensure your pets are safe around the lake. Some dogs have perished in recent years before Animal Control could rescue them. Swimming is not allowed in our Lake and that includes pets. Once a dog is in the Lake it is impossible for them to get back up on the bulkhead, they can also become entangled or injured near a dock or boat. Make sure your pet is within your sight at all times while they are in an unsecured area. You should have barriers so your dog cannot reach the Lake. Your dog may be trained not to jump into the Lake, but accidents happen with pets too and they can fall in. **Please be a responsible pet owner!** If you need to report animal neglect or other issues related to pets please contact **Animal Services – 916-687-3023.**



ZUMBA® Fitness

Don't miss the Lakeside Zumba party!!

Classes held every Tuesday at 7:15 p.m.

Zumba is a fusion of Latin and International music dance themes that create a dynamic, exciting, effective fitness system!

Not a workout. Not a dance class.

A PARTY!

Ditch the workout. Join the Party!

Only \$4/class!!

Bring Water and a Towel

Instructor Jill Christensen, Tel 916-690-4923

zumbajill@gmail.com



CRUISING ON THE LAKE

Please respect the “lakefront-owners” privacy when cruising around the lake.

Please do not use resident’s docks as a stopover for sunbathing, fishing, or loitering and stay beyond 15 feet of a



lakefront resident’s property. Please respect their right for privacy.

Your cooperation is very much appreciated.

Lakeside Social Events 2011

Running the Social Committee for the entire community can be a bit overwhelming and we have come up with a way to still plan fun-filled community events without overloading one person. Over the years, various homeowners have stepped up and planned events and would like to continue doing so. Please find below a list of events that will take place in 2011. If you would like to join one of these planning committees or simply have questions, please feel free to contact the appropriate event chairperson. If you would like to organize an event, please feel free to submit your proposal by contacting Kocal Management. Events must be directed to the Board of Directors for approval.



Summer Season Opening Day

Chairperson: Irene Capps / Beth VanDyke

Date: May 28, 2011

Time: 11:00 AM – 3:00 PM

mbell@kocal.com

Lakeside/Heritage Annual Garage Sale

Chairperson: Melissa Bell

Date: April 30, 2011

Time: 8:00 AM – 2:00 PM

mbell@kocal.com



Lakeside Wine Tasting Affair

Chairperson: Paul Perez

Date(s): TBD

mbell@kocal.com



Lakeside Live

Chairperson: Paul Perez

Date: July 29, 2011

Time: 5:00 PM – 10:00 PM

pubnight@frontiernet.net



Holiday Open House

Chairperson: Beth VanDyke

Date: TBD

10:30 AM – 1:30 PM

mbell@kocal.com



Please note: All dates/times are subject to change